

Fortius Daily Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
	Main Room	Back Room	Main Room	Back Room	Main Room	Back Room	Main Room	Back Room	Main Room	Back Room	Main Room	Back Room	Main Room	Back Room				
5:00 AM	CF Class	Open Gym	CF Class	Open Gym	CF Class	Open Gym	CF Class	Open Gym	CF Class	Open Gym								
6:00 AM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	CF Class					
7:00 AM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	CF Class	Open Gym				
8:00 AM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	CF Class	CF Class	CF Class	Kids Class	CF Class	Open Gym
9:00 AM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	CF Class	CF Class	CF Class	Olympic Lifting	CF Class	
10:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Yoga	CF Class	CF Class						
11:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	CF Class	Comp Class Team Session	Gymnastics Class					
12:00 PM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	Open Gym	
1:00 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym	Open Gym	Open Gym		Open Gym	Open Gym		
2:00 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym	Open Gym	Open Gym		Open Gym	Open Gym		
3:00 PM	CF Class		CF Class		CF Class		CF Class		CF Class		CF Class	CF Class	CF Class		CF Class	CF Class		
4:00 PM	CF Class	Kids Class	CF Class	Comp Class	CF Class	Kids Class	CF Class	Yoga	CF Class	Comp Class								
5:00 PM	CF Class	Comp Class	CF Class		CF Class	Comp Class	CF Class		CF Class		CF Class	CF Class						
6:00 PM	CF Class	Olympic Lifting	CF Class		Open Gym	CF Class	Olympic Lifting		CF Class		Open Gym	CF Class	Olympic Lifting					
7:00 PM	CF Class		CF Class	CF Class		CF Class		CF Class	CF Class	CLOSED								